



Staff Rating of Youth Behavior – Observation Tool

To be completed for each consented youth and entered in your SRYB Roster spreadsheet (see BLOCS binder for deadlines). Questions, contact Mike Degen at mike.degen@metrounitedway.org, or (502) 292-6109.

Youth Name: _____

Rater Name: _____ Date: _____

Expresses Emotion Knowledge

Score

<i>Prompt: How well do these statements describe this youth's behavior in the last four weeks? "1" = Not at all like this youth, "2" = A little like this youth, "3" = Somewhat like this youth, "4" = A lot like this youth, "5" = Exactly like this youth.</i>	
Identifies and names emotions (e.g. he/she says, "I felt mad, upset, afraid, disgusted...").	
Has a wide descriptive vocabulary for emotions (e.g., he/she says, "I felt annoyed, hesitant, eager, ashamed..." rather than just "happy, sad, mad").	
Describes own emotional needs (e.g., he/she says, "I need a hug, to cool off, to be alone for a while...").	

Behaviorally Manages Emotion

<i>Prompt: How well do these statements describe this youth's behavior in the last four weeks? "1" = Not at all like this youth, "2" = A little like this youth, "3" = Somewhat like this youth, "4" = A lot like this youth, "5" = Exactly like this youth.</i>	
Manages positive emotion (e.g., elation, pride) with confidence that doesn't belittle or exclude others (e.g., he/she says "I'm thrilled/excited/honored that I won the prize" rather than "Hah! I beat you all!").	
Maintains composure to constructively work through conflict or disagreement to maintain progress on task (e.g., doesn't lash out in anger or withdraw and sulk, but stays calmly engaged). "X" = Only if this youth was never observed in a task situation with any conflict or disagreement	
Accepts feedback non-defensively (e.g., seeks kernel of truth, restates with understanding to giver of feedback). "X" = No critical or evaluative feedback was ever given to this youth.	

Displays Social-Role Mastery

<p><i>Prompt: How well do these statements describe this youth's behavior in the last four weeks? "1" = Not at all like this youth, "2" = A little like this youth, "3" = Somewhat like this youth, "4" = A lot like this youth, "5" = Exactly like this youth.</i></p>	
<p>Offer to help those having trouble completing tasks. "X" = This youth was not involved in any team tasks.</p>	
<p>Monitor team progress on a task. "X" = Youth in this program do not have roles or commitments for which to be accountable.</p>	
<p>Help others involved to be accountable for their roles and commitments. "X" = No role or task was too challenging for this youth.</p>	
<p>Seek timely help from other youth or staff when roles become too challenging</p>	

Displays Goal-Striving Mastery

<p><i>Prompt: How well do these statements describe this youth's behavior in the last four weeks? "1" = Not at all like this youth, "2" = A little like this youth, "3" = Somewhat like this youth, "4" = A lot like this youth, "5" = Exactly like this youth.</i></p>	
<p>Create plans with a few steps or guidelines.</p>	
<p>Problem-solve by evaluating options and potential solutions.</p>	
<p>Monitor progress toward goals.</p>	
<p>Prioritize tasks and allot time accordingly.</p>	